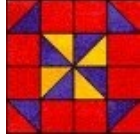




“Inner Peace”

“Seeing Red”

February 2009

Individual Block instructions

“Seeing Red” (12" finished block, Make one block)																					
(C) Red	Cut 2 squares 3 7/8", cut once diagonally Cut 8 squares 3 1/2"																				
(D) Yellow	Cut 2 squares 3 7/8", cut once diagonally																				
(F) Blue	Cut 4 squares 3 7/8", cut once diagonally																				
<i>Assembly & Block Construction of the “Seeing Red” Block</i>																					
<p>Diagram 1</p>  <p>Diagram 2</p>  <p>Block Construction</p> <table border="1" style="border-collapse: collapse; text-align: center;"> <tr> <td>Row 1</td> <td></td> <td>C</td> <td>C</td> <td></td> </tr> <tr> <td>Row 2</td> <td>C</td> <td></td> <td></td> <td>C</td> </tr> <tr> <td>Row 3</td> <td>C</td> <td></td> <td></td> <td>C</td> </tr> <tr> <td>Row 4</td> <td></td> <td>C</td> <td>C</td> <td></td> </tr> </table>	Row 1		C	C		Row 2	C			C	Row 3	C			C	Row 4		C	C		<ol style="list-style-type: none"> 1. Sew one (1) Red (C) and one (1) Blue (F) half square triangle together as shown in diagram 1. Repeat three (3) more times for a total of four (4) units. Press and set aside. 2. Measurement check your block should measure 3 1/2" square. 3. Sew one (1) Blue (F) and one (1) Yellow (D) half square triangle together as shown in diagram 1. Repeat three (3) more times for a total of four (4) units. Press and set aside. 4. Measurement check your block should measure 3 1/2" square. 5. Referring to Block Construction diagram sew the rows together to complete the block. 6. Measurement check your block should measure 12 1/2" square. <p>YOUR block is complete!!</p>
Row 1		C	C																		
Row 2	C			C																	
Row 3	C			C																	
Row 4		C	C																		