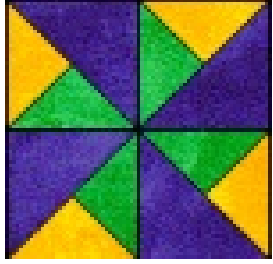


“Inner Peace”

“Spinning Wheel”

October 2008

Individual Block instructions

Spinning Wheel (12" finished block, Make one block)		
(B) Green	Cut 1 square 7 1/4", cut twice diagonally	
(D) Yellow	Cut 1 square 7 1/4", cut twice diagonally	
(F) Blue	Cut 2 squares 6 7/8", cut once diagonally	

Assembly & Block Construction of the Spinning Wheel

Diagram 1

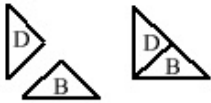
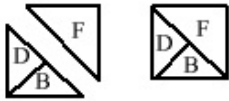
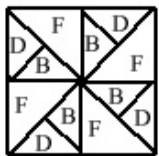


Diagram 2



Assembly Diagram



1. Sew one (1) Green (B) quarter square triangle to one (1) Yellow (D) quarter square triangle. See diagram 1 for placement. Repeat three more times for a total of 4 units.
2. Press. Your block should measure 6½”.
3. Sew one unit from step 1 to one (1) Blue (F) half square triangle. Repeat for the remaining 3 units.
4. Refer to assembly diagram to sew the block together.

Assembly

- Sew the rows together as shown in diagram.
- Press and YOUR block is complete.

Block should measure 12½" square.